



MONTHLY ALARM TESTS

Some of our clients have been asking to test their alarms due to the power fluctuations we are all experiencing in Dar at this time.

This is no problem at all and we recommend that you ALL test your Knight Support alarms—this can be done monthly if you so wish.

To test the alarms just follow these simple steps:-

1. Phone Knight Support on 2760087-9
2. Ask to speak to the Control Room Manager.
3. Advise him that you wish to test your alarms.
4. He will then advise you what to do.
5. To test the fire and ambulance button he will arrange a test for these as they need reset keys.
6. The Control Room Manager will be able to confirm all buttons are working and which button you have pressed.

PLEASE NEVER TEST OUR ALARMS WITHOUT PHONING THE CONTROL ROOM FIRST!

If you wish further information on this contact Rhona on Rpotgieter@knightsupport.com

Thank you !



February as we all know is the month of Valentines—of sending our loved ones flowers and cards full of love and hearts—This month send them a present that could SAVE A LIFE!

Knight Support's First Aid Courses
you have it in you to save a life ! More details on page 2!

KNIGHT SUPPORT NEWS



ISSUE 2

JANUARY 2010

TRUE LIFE HEROES International Search And Rescue (UK)



RED TEAM

Knight Support are honoured to be associated with the **West Midlands Fire Service and ISAR.**

The Blue and Red Teams, pictured herein, come to Dar es Salaam to train our Fire Crews in Fire Fighting, High Level Rescue, Road Traffic Collision Extrication and Confined area rescue along with other technical rescue techniques.

ISAR (UK) Crews were deployed to assist with the Search and Rescue following the Haiti Earthquake Disaster.



Mia—Free after 3 days

One of the lucky ones was little **Mia**, a two year old who the UK team pulled from the debris after 3 days of being buried. The



Rudi Mia & Dean

first picture is of her rescue and the second is of her heroes Rudy and Dean from ISAR. The KS Fire Fighters sent an email of encouragement to their Instruc-

tors and Friends in the Blue and Red Teams. This was well received by both teams.

We are sure that you join us in congratulating all the rescue crews assisting in the Haiti Disaster. Our thoughts are with everyone affected by this.

It is due to the training provided by these teams that Knight Support provides you, our esteemed clients, with such a high level of Fire Rescue Response.



BLUE TEAM

Security in Dar es Salaam

News and Views on Security—keep updated on areas to be careful in Dar. See page 2

TRAVELLING UPCOUNTRY?



DON'T LEAVE HOME WITHOUT US!

More details Page 2

EMERGENCY NO's 0754 777100 or 0784 555911

Travelling UpCountry? Don't Leave Home Without Us!

**FIRST
AIR RESPONDER**



*You're never
too FAR
away!*

*When I first arrived
in Dar, I was told
by a Tanzanian—
'when you walk in
Dar only wear what
you can afford to
lose'. I thought this
was a sad
sentiment but its
also true!*

**Don't Lose
it—
TRACK
IT!!!**



For over ten years Knight Support has been providing medical evacuation services throughout Tanzania.

We are the ground ambulance crew in Tanzania for International SOS, Netcare 911 and AMREF.

We are called upon to evacuate patients upcountry, on safari, on Kilimanjaro in fact anywhere!

However on many occasions it was taking too long for interna-

tional medical insurances to give Knight Support the immediate GO AHEAD to send in our crews—causing long delays in our response time and in reaching the patient.

In 2006 Knight Support started **FIRST AIR RESPONDER (FAR).**

For a small membership fee, be it 14 days, 30 days or Annually, **you can become a member of FAR.**

Joining FAR ensures that we will respond IMMEDIATELY to you medical evacuation, ensuring we get medical attention to you.

For more info contact Sophie on SBuckman@knightsupport.com

**OR Call on
0754 777073**



Security Safety & Awareness!

In January we sent out a warning to you all about the vehicle near the Onela compound on the Sea Cliff Road.

Sadly since this email a few of you have told me of similar events.

Today I have been told of another incident on the Oysterbay area near the French school—a lady was out walking on her own in daylight when a

silver car stopped and men got out and robber her—she tried to hang on to her bum bag but to no avail.

It is a VERY SAD FACT that these crimes are increasing in Dar and it is Knight Support's Duty to advise you of areas which are unsafe.

PLEASE :-

- Don't walk alone (even with your dog)
- Don't wear any jewelry or bum bags—if you carry a mobile tuck it into your pants or girls tuck it into your bra!
- NEVER resist them—your life is not worth a phone!
- Stay alert and aware of your surroundings.

Vehicle & Asset Tracking—ACTS

Knight Support has created a solution tailored for managing small fleets of vehicles, including cars, trucks, vans, and delivery vehicles called ACTS; The Asset Control Tracking System

(ACTS) offers complete asset management and tracking facilities for fleet owners, public transport companies, car hire companies and vehicle owners requiring up-to-the minute information on their asset

movements, location and running condition.

For details please contact Bwiko on :-
bkyrikos@knightsupport.com

First Aid & Fire Awareness Training

**First Aid !
You have it
in you to
SAVE A
LIFE!**



We have sent out various emails about the amazing training we offer you from Knight Support.

This can be for Fire Awareness Training or First Aid Training.

We offer you basic training all the

Barrick Staff are put through their paces after 8 days of training

way through to Medical First responder Training and up to Fire Warden Training.

All courses are coordinated by the UK's London Ambulance and West Midlands Ambulance Services and West Midlands Fire Service.

Courses conducted in English or Kiswahili.

From your house/office staff to you or the office MD—it really is vital that EVERYONE learns basic skills in first aid and fire awareness.

For the longer courses we run practical assessments and we have 'volunteer' casualties such as the gorgeous Sophie and Zoe below.

DON'T PANIC ITS ONLY MAKE UP AS YOU can tell by their big smiles.

Contact Sophie for more details.



First Aid Kits—Fire Extinguishers



FIRST AID KITS

Knight Support also has available two different types of First Aid kits.

Safari Kit—a smaller kit suitable for cars and handy for those short for long journeys.

First Responder Kit—a handy larger red grab bag suitable for homes and offices.

FIRE EXTINGUISHERS

Knight Support can advise you on the correct extinguisher for your requirements.

We can supply and service these for you.

Contact Sophie for details
sbuckman@knightsupport.com



Giving Back to the Community

We are VERY proud to be associated with the following wonderful organizations here in Dar:-

Salvation Army Disabled Children
CCBRT

Wonder Welders

We are always looking for ways of

supporting our friends and we ask for your help as well. If you have any clothes, linen, toys, books, pens, pencils - infact ANYTHING that will help please get in touch with Rhona on

rpotgieter@knightsupport.com.

This month we are collecting items and of course cash for the children

of the Salvation Army.

Please give generously we will happily come and collect from you.

Major Joy Paxton and her Team thank you in advance for your wonderful support.



Major Joy and our special friends at the Salvation Army!